

# FRANKLIN FALCON NEWS



**Happy New Year!** What a great time to think about setting family goals! A great thing about goals is that they can be set year-round with your family. Goals do not have to be complicated. In fact, making simple goals makes you more likely to achieve them.

When you are setting goals with your family, you are coming together to complete things each family member could benefit from working on. When you are setting and working through goals with your kids, you are setting a real life example for them to build on in the future. Below are some examples of goals you could set as a family. Have fun together and make a commitment this New Year to make 2025 a wonderful year!

Daily Goals:	Weekly Goals:	Monthly Goals:	Yearly Goals:
<ol style="list-style-type: none"><li>1. Wake up earlier</li><li>2. Be on time</li><li>3. Get outside</li><li>4. Pack healthy lunches</li><li>5. Eat dinner together</li><li>6. Eat breakfast together</li><li>7. Set clothes out at night</li><li>8. Follow family rules</li><li>9. Nightly story time</li><li>10. Set up a time to unplug</li></ol>	<ol style="list-style-type: none"><li>1. Family game night</li><li>2. Weekly family dinner plan</li><li>3. Stick to weekly chore plan</li><li>4. Kids help with shopping</li><li>5. Use reusable shopping bags</li><li>6. Cook dinner together</li><li>7. Family yardwork</li><li>8. Visit the library</li></ol>	<ol style="list-style-type: none"><li>1. Keep monthly family calendar</li><li>2. Monthly family meeting</li><li>3. Volunteer together</li><li>4. Set monthly budget for family fun</li><li>5. Try a new family recipe each month</li><li>6. Save for a family outing (dinner, movie, bowling, etc.)</li></ol>	<ol style="list-style-type: none"><li>1. Plan a family vacation</li><li>2. Go on a family road trip</li><li>3. Annual family olympics</li><li>4. Start a new family tradition</li><li>5. Donate old toys/clothes</li><li>6. Make a family goal list</li><li>7. Learn a new skill as a family</li><li>8. Plan and/or host a family reunion</li></ol>

## COMMUNITY FLYERS UPDATE

As a service to the community, the Manitowoc Public School District posts flyers for upcoming events from nonprofit organizations on their homepage and Facebook page. Please visit the web site at [www.manitowocpublicschools.org/for\\_families/community\\_flyers](http://www.manitowocpublicschools.org/for_families/community_flyers) for additional information on the following flyers:

Ships Gymnastics Youth Clinic  
Learn to Skate Lessons  
Hockey Introduction Program  
Home is Where the Habitat is

## JUMP ROPE FOR HEART

Happy New Year Franklin Falcons! I am excited to announce the return of the Kids Heart Challenge (Jump Rope for Heart)! It will begin on January 21 and end on February 27. An informational packet will be sent home with your child in their Friday folder on Friday, January 17. You can also check out the website at <http://www2.heart.org/goto/FranklinElementary2025>.



If we reach our goal of raising \$5,000.00, the entire school will earn an after-school party on June 6 sponsored by the PTA. Every teacher who has 50 percent of their students register online will receive a \$25.00 Amazon gift card. When registering, the students will be asked to take the challenge to "Be Kind or Move More." Students need parent permission to register for the Kids Heart Challenge.

### Jump Rope for Heart - Spirit Week 2025

Monday, February 24: **PAJAMA DAY!** Get your seven to eight hours of sleep each night! When you wake up on February 24, plan on wearing your PJs to school.

Tuesday, February 25: **LET THE GAMES BEGIN!** We will celebrate all different kinds of sports. Wear your jersey or sporty T-shirt from your favorite sports team.

Wednesday, February 26: **Workout Wednesday, "Sweat it Out!"** Show your commitment to 60 minutes of exercise each day by wearing your athletic shoes, sweatpants and sweatshirts.

Thursday, February 27: **Heart Day!** Wear anything with hearts or wear the color red to school. Think smart...protect your heart. If you have a Kids Heart Challenge t-shirt from last year, we'd love to see you wear it.

Thank you for supporting my biggest event of the year. Jump Rope for Heart is a fundraising program through the American Heart Association. It encourages kids to have a positive attitude towards exercise, healthy eating and heart health while raising vital funds to fight heart disease. The students will get to learn more about their heart and jump rope skills in gym class. The fundraising helps the American Heart Foundation fund excellent research and support programs for people affected by heart disease. When you donate to the American Heart Association, you are joining the fight against our nation's number one and five diseases -- heart disease and strokes. Your donation helps fund lifesaving research, advocate for better health, improve patient care and reach at-risk populations. By supporting this event, you are making a difference. Please let me know if you have any questions or concerns.

Ms. Ganser, Franklin Physical Education teacher



## ALL SCHOOL CONCERT

Our all-school concert will be held on Tuesday, March 18. The concert will be held in the gym, and all guests are requested to enter through the gym doors. The performance times are as follows:

**KG and first grade: 1:10-1:40**

**Second and third grades: 1:50-2:20**

**Fourth and fifth grades: 2:30-3:00**

We look forward to seeing everyone at this concert!

## WINTER CONDITIONS

Winter is here, and it looks like it's here to stay for a while! Here are a few important winter reminders for our families:

- Students will be outside (before and after school and during recess) even if it is snowing.
- Please dress your children warmly! Make sure they wear their boots, snow pants, a warm jacket, a hat and mittens/gloves. We also recommend having extra socks in the locker in case feet get wet.



- If there is a delay or cancellation, please do not call the school directly. The delay/cancellation information will be relayed through the Manitowoc Public School District website, the District Facebook page, local television and radio stations, and an Infinite Campus message will be sent out via e-mail, phone call and text. Please make sure the office has your current contact information.
- If your child lost a glove, hat, boot, sweatshirt or even a warm winter jacket, please have them check the school lost and found, which is located outside the office.



January is an exciting month as the second quarter draws to an end. We have so much to celebrate as our students have grown as readers, thinkers and team members. Evidence of this growth is trickling in as our students complete both SFA and district-wide assessments. Please watch for a parent letter at the end of the month which will provide you details regarding your child's third quarter SFA placement. And as always, I am happy to connect with you regarding celebrations, questions, or concerns.

Questions? Please reach out to Ms. Heideman, SFA Facilitator, [heidemanb@mpsd.school](mailto:heidemanb@mpsd.school) or (920) 663-9476.

## **PTA NOTES**

Happy New Year! As we enter the new year, everyone talks about New Year's resolutions. There is no better resolution than to try and get more parent involvement within our PTA. We understand there is a stigma with PTAs. We are not the type of PTA that if you are a member, you are required to help a certain amount of time, or attend a certain number of meetings. The Franklin PTA is very laid back; we want you to help when and where you can. If you can only attend one meeting or volunteer one hour of your time, that's great! Our PTA is a small one. When we work an event, there is usually only one or two people doing the majority of the work. If we are not able to recruit more volunteers to help, future events will be very limited or even cancelled. We do not want to take away from the students and families, but we can't keep having the same few people doing everything. With this in mind, if you are able to help at any future family events, please reach out to Samantha Grunow at [franklinpta@mpsd.school](mailto:franklinpta@mpsd.school). If you would like to attend a meeting, please do so. You do not need to be a member to attend a meeting, and this is a great way to know what is going on at the school. The PTA meetings begin at 4:00 p.m. the third Wednesday of every month, and they last approximately one hour.

Everyone had a wonderful time at our annual Breakfast with Santa event that was held on Saturday, December 14. We are very thankful for the National Honor Society students, staff members and parents who volunteered for this event by getting up early to set-up, cook lots of pancakes and then stayed after to clean up after the event.



To thank and show our appreciation to the Franklin staff for everything they do, the PTA treated them to a hot chocolate bar before they left for winter break. The staff members loved it and thought it was a great way to end 2024!

Spirit sticks will be sold on Wednesday, January 22, in the gym during lunch only. All spirit sticks cost \$1.00. Looking ahead to the future, spirit sticks will be sold Wednesday, February 5, and again on Wednesday, February 19.

Our January PTA meeting will be held on Wednesday, January 22, at 4:00 p.m. in the library. Our February PTA meeting is scheduled for Wednesday, February 19, at 4:00 p.m.

A wise person once said, "A book is a gift you can open again and again and again." A great time to purchase books for your family is at the Scholastic Book Fair, which will be held on Monday, February 10, through Thursday, February 13. Students will have the opportunity to walk through the book fair and make wish lists with their class on Friday, February 7, and again on Monday, February 10. The book fair hours are as follows: Monday, February 10: 3:00-4:00 p.m.; Tuesday, February 11 and Wednesday, February 12: 11:30 a.m.-1:00 p.m. and 3:00-4:00 p.m.; and Thursday, February 13: 8:00 a.m.-7:00 p.m. during parent/teacher conferences. We are always looking for

volunteers to help with the book fair! If you are interested, please contact Samantha Grunow at [franklinpta@mpsd.school](mailto:franklinpta@mpsd.school).

# NURSING NEWS

## JANUARY 2025

### Strep Throat

Strep throat is a common illness that is seen within the school setting, especially during the cold-weather months. This is an illness that requires treatment with antibiotics as it's a bacterial infection. The most common symptoms may include:

- Sore throat that is painful with swallowing, sometimes with white patches seen on the tonsils
- Fever
- Fatigue, body aches
- Tiny red spots on the roof of the mouth, called petechiae

If diagnosed with strep throat, it is important that your child remain home until fever free for 24 hours and on antibiotics for at least 12 hours.

### Hearing Screening

Do you have concerns about your child's hearing? Our nursing team has the ability to perform a quick hearing screening at school by request. Reach out to your child's school nurse for more information or to request one!



### Immunization Requirement Changes

Beginning with the start of the 2024-25 school year, WI DHS made a few changes to the immunization requirements for school-aged students:

- Tdap is now required prior to the start of 7th grade
- MenACWY is now required prior to the start of 7th grade and then again prior to the start of 12th grade

As always, there is a simple waiver available to sign if you are choosing for your child to not receive the required immunizations.



## JANUARY DATES TO REMEMBER

January 16	Large group orchestra practice, 7:30 a.m.
January 20	<b>NO SCHOOL FOR STUDENTS OR STAFF</b>
January 22	Spirit stick sale in gym, 11:30 a.m.-12:30 p.m. PTA meeting, 4:00-5:00 p.m., library
January 23	End of first semester (full day for students)
January 24	<b>NO SCHOOL - records day for staff</b>
January 27	<b>NO SCHOOL - staff development</b>
January 30	Large group band practice, 7:30 a.m. 1 <sup>st</sup> grade School Forest field trip, 10:00 a.m.-2:45 p.m.

## What's on the Menu?

### MPSD Elementary January Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>January Fun Days</b> 3rd: National Spaghetti Day 28th: National Blueberry Pancake Day 29th: Global Eats (China)	Menu Subject to Change	1 	2 Blueberry Bash Waffles w/ Yogurt Cup or Soft Shell Tacos Corn	3 Cheese Stuffed Breadsticks w/ Sauce or  Italian Meat Sauce over Spaghetti Baked Beans
6 Breaded Chicken Drumstick w/ Dinner Roll or Cheese Pizza Bagels Green Beans	7 Nachos w/ Shredded Cheddar or Hot Dog on a Bun Corn	8 Big Daddy's Cheese Pizza or Chicken Alfredo over Penne Pasta Carrots	9 French Toast w/ Sausage Links or Hot Ham & Cheese Potato Smiles	10 Chocolate Muffin Goldfish Crackers Yogurt Cup or Cheese Stuffed Pasta Shells Baked Beans
13 Cheese Pizza Crunchers w/ Sauce or Chicken Tenders w/ Dinner Roll Peas	14 Teriyaki Chicken over Rice or Strawberry Parfait Broccoli	15 Nachos w/ Shredded Cheddar or Jr Italian Sub Corn	16 Corn Dog on a Stick or Macaroni & Cheese w/ Garlic Breadstick Baked Beans	17 Chicken Patty or BBQ Riblet on a Bun Tater Tots
20 No School	21 Cheeseburger or Soft Pretzel w/ Cheese Sauce Cup & String Cheese Green Beans	22 Walking Taco or Chicken & Cheese Flatbread Baked Beans	23 Chicken Nuggets w/ Dinner Roll or Grilled Cheese Sandwich w/ Tomato Soup Carrots	24 No School
27 No School 	28 Pancakes w/ Sausage Patty or Chicken & Cheese Quesadilla Corn	 **Orange Chicken over Rice or Lasagna Roll Up w/ Garlic Bread **Sesame Soy Roasted Carrots	30 Big Daddy's Pepperoni Pizza or PBJ w/ String Cheese Green Beans	31 Mini Corn Dogs or Blueberry Muffin Goldfish Crackers Yogurt Cup Peas