

FRANKLIN FALCON NEWS



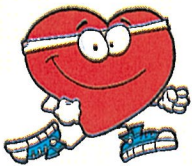
MESSAGE FROM THE PRINCIPAL

Personalized Reading Plans (PRPs) are being sent home today for all students who were below the twenty-fifth percentile on our reading screener in January. The PRP's are a plan to get your student back to being a grade level reader over the coming year. If your student comes home with a PRP, please read it over, sign it and return it to school with your student. If you have any questions about the PRP, please contact either me or your child's classroom teacher.

Thanks as always,

Mr. Heller, Franklin Principal

FEBRUARY IS AMERICAN HEART HEALTHY MONTH!



American Heart Month is celebrated each February to help motivate Americans to adopt healthy lifestyles and prevent heart disease. **Heart disease is the leading cause of death in the United States!** For this reason, it's important that we teach children at a young age how to keep their heart healthy. The average heart beats about 100,000 times per day. That is a lot of work!

To keep our hearts strong, healthy and performing their best, it's important to take time to share the love. Get moving and fuel your body with some ideas below!

- ♥ Get a daily dose of physical activity
- ♥ Aim for 7-8 hours of sleep each night
- ♥ Fill your diet with colorful fruits and veggies, whole grains, and healthy fats
- ♥ Limit screen time
- ♥ Manage stress by meditation, yoga, walking, or reading
- ♥ Try to reach and maintain a healthy weight
- ♥ Keep up with medical and dental appointments
- ♥ Take medication as prescribed

KIDS HEART CHALLENGE UPDATE

So far, we have raised \$1,040.00! Way to go! Because the fundraiser ends Thursday, February 27, you still have plenty of time to save someone's life. It's FREE to sign up online at Kids Heart Challenge or download the app. When you sign up, you will get a cool wristband and a red superhero cap. If we reach our \$5,000.00 goal, the entire school will earn a "ducks theme" after-school dance party on Friday, June 6.



Jump Rope for Heart incentives:

First place – top student: The top fundraising student will have the gym named after them! The student will also earn a medal and spend the entire day with Ms. Ganser.

Second place – top student: The student who raises the second most will earn a medal as well as another prize and will spend a half day with Ms. Ganser.

The class that raises the most will win a movie and popcorn party. Any student who raises at least \$1.00 will receive a free voucher to attend a Green Bay Gamblers game the weekend of March 29-30. The American Heart Association is excited to extend our work with the NFL to support improving health outcomes at home and beyond through the "Hands-Only CPR" education. Students who complete the Finn's Mission learning module will earn an entry for two tickets to Super Bowl LIX in 2026 and, our school will be entered into a drawing to receive a \$10,000.00 fitness equipment makeover for every 18 completed Finn's Mission learning modules. Finally, the following spirit days are schedule to keep the excitement going:

Monday, February 24 – Wear your PAJAMAS to school: After you get your 7-8 hours of sleep, all you have to do is eat breakfast, brush your teeth, and come to school in your PJs!

Tuesday, February 25 – Let the games begin: Today we are celebrating all different kinds of sports. Wear your jersey or sporty t-shirt from your favorite sports team.

Wednesday, February 26 – Workout Wednesday "Sweat it Out": Show your commitment to 60 minutes of exercise each day by wearing your athletic shoes, sweatpants and sweatshirts.

Thursday, February 27 – Heart Day: Wear anything with hearts or wear RED to school! Think Smart...Protect Your Heart! You can wear your Kids Heart Challenge black shirt from last year if you have one.

COMMUNITY FLYERS UPDATE

As a service to the community, the Manitowoc Public School District posts flyers for upcoming events from nonprofit organizations on their homepage and Facebook page. Please visit the web site at www.manitowocpublicschools.org/for_families/community_flyers for additional information on the following flyers:

Manitowoc Youth Baseball

Lakeshore Storm Volleyball Camp 2025

Youth Trapshooting

No-Candy Valentine Treats Kids Will Love

PARENT/TEACHER CONFERENCES

Parent/Teacher conferences will be held on Thursday, February 13, 2025, from 8:00 a.m.-7:00 p.m. A Google form has been shared with all families via IC messenger. Click on your child's teacher's link, and it will take you to the teacher's calendar. Then, click on the time slot you want. If you have any questions, please reach out to your child's teacher or the office.



FRANKLIN'S ALL SCHOOL CONCERT

We are so excited to announce that our students have been hard at work practicing for our school-wide concert! The concert will be held on **Tuesday, March 18**, in the gym. We request everyone to please enter the school through the gym doors. You will be able to enter through the gym doors beginning at 12:45 p.m. The performance times are as follows:

Kindergarten and first grade: 1:10-1:40 p.m.

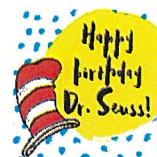
Second and third grade: 1:50-2:20 p.m.

Fourth and fifth grade: 2:30-3:00 p.m.

We look forward to seeing everyone at this concert.

DONUTS WITH GROWN UPS

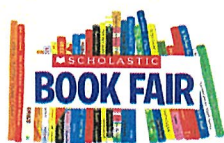
Join us for a fun family event to celebrate Dr. Suess's birthday with our "Donuts with Grown Ups"! On Wednesday, March 5, free donuts, fruit, juice and coffee will be served from 7:30-8:10 a.m. in the Franklin gym. We ask that all families enter through the gym doors for this event. Every child who attends this event will receive a free book and a goodie bag. Please RSVP no later than Tuesday, February 18. If you did not receive an RSVP form, please contact the office.



PTA NOTES

Happy February Franklin families!

What a wonderful Bingo night we had last month! We had 170 attendees at this event, and everyone had a lot of fun! Our next family event is "Donuts with Grown Ups" in honor of Dr. Suess's birthday! This event will be held on Wednesday, March 5, from 7:30-8:10 a.m. Each student will receive a book (even those who do not attend the breakfast event!) and the students who do attend will get a goodie bag to help celebrate Dr. Seuss's birthday.



Our Scholastic book fair will be returning for the final time this school year beginning Monday, February 10, through Thursday, February 13. We need volunteers! If you are able to help, please send an e-mail to franklinpta@mpsd.school. Please know that if we do not have enough volunteers, our hours will be changed due to the volunteer ability. Right now, our book fair hours are Monday, February 10, 3:00-4:00 p.m.; Tuesday, February 11, and Wednesday, February 12, 11:15 a.m.-1:00 p.m. and 3:00-4:00 p.m.; and Thursday, February 13, 8:00 a.m.-7:00 p.m.

Spirit sticks will be sold during lunch on Wednesday, February 19, during lunch in the gym. All spirit sticks cost \$1.00.

Our next PTA meeting will be held on Wednesday, February 19, at 4:00 p.m. in the library. PTA meetings usually last approximately an hour. We hope you join us for this informative meeting to find out what family and school activities are being planned.

STUDENT COUNCIL

After a busy November and December, Student Council took a well-deserved time off during the month of January. After collecting 940 pounds of food for Peter's Pantry, decorating our Student Council hallway for the month of December and ringing bells for Salvation Army at Pick & Save, we were tired! We are well rested and back to work planning activities and raising money to benefit our school and local community!

Our annual heart-shaped sucker sale will be held after school on Monday, February 10; Tuesday, February 11; and again on Wednesday, February 12. All suckers cost \$1.00. If there are any suckers left, they will be sold alongside the delicious Seroogy's candy bars outside the library during parent/teacher conferences.



The Student Council advisors are very proud to announce another fundraiser we are having. At the beginning of the year, all of our Student Council members designed a t-shirt emblem. The advisors picked six of the best designs, which was then voted on by the entire Student Council. Congratulations go to Everly, a Student Council fourth grader! Her t-shirt design is our newest fundraiser! Help us spread some school spirit and raise funds to help make a positive difference on our school and local community. Because this is a Student Council fundraiser, we are asking for cash payments only. If your child did not receive the t-shirt fundraiser flyer, please let the office know, and we will send one home with your child.

NURSING NEWS

FEBRUARY 2025

National Heart Month

February is traditionally National Heart Month. Here are a few ways to maintain heart health as a family:

- Make activity and fitness a part of your daily routine
- Serve fruit or vegetables with every meal
- Limit fried foods and sugary drinks
- Limit screen time
- Aim for at least 8 hours of sleep per night

Children's Dental Health Month

February is also Children's Dental Health Month. Here are a few ways to keep your children's teeth healthy:

- Brush teeth at least twice a day
- Floss teeth at least once a day
- Consume limited amount of sugary snacks and drinks
- Schedule regular dental cleanings

The Lakeshore Community Dental Clinic is coming to MPSD schools soon- if you would like your child seen, please inquire at the school office.

Immunization Requirement Changes

Beginning with the start of the 2024-25 school year, WI DHS made a few changes to the immunization requirements for school-aged students:

- Tdap is now required prior to the start of 7th grade
- MenACWY is now required prior to the start of 7th grade and then again prior to the start of 12th grade

As always, there is a simple waiver available to sign if you are choosing for your child to not receive the required immunizations.

FEBRUARY DATES TO REMEMBER

February	Black History Month Heart Healthy Month Children's Dental Health Month
February 10-13	Scholastic Book Fair
February 13	Parent/teacher conferences, 8:00 a.m.-7:00 p.m. (no school for students)
February 14	No school for students or staff
February 19	5 th grade field trip to School Forest PTA meeting, library, 4:00 p.m.
February 20	Large group band practice, 7:30 a.m.
February 26	Kindergarten School Forest field trip
February 27	Large group orchestra practice, 7:30 a.m.
February 28	Staff development day (No school for students)